

# WORLD TANG SOO DO ASSOCIATION

## VAUGHN'S DOJANG

### 4<sup>th</sup> GUP STUDY GUIDE

#### Historical View of Tang Soo Do

In ancient Korea what dynasty united the 3 kingdoms?	Silla
What was the name of the young aristocrats within the Silla Dynasty who contributed mightily to the martial arts?	Hwa Rang Dan
What was the name of the 1st complete books of martial arts?	Muye Dobo Tongji
In what year was JC Shin proclaimed grandmaster of the WTSDA?	1982
In what year was Robert Beaudoin proclaimed grandmaster of the WTSDA?	2010
In Tang Soo Do, what does "Do" mean?	Way of life / path

#### The Flags, including Hyup Hoi Ki – the WTSD Association flag

What do the six stars represent?	The six inhabited continents
What does the red circle in the WTSD flag represent?	Unity and brotherhood

#### Belts, Trim, and Rank Requirement

What Hyung must the student know to test for brown belt?	Pyung Ahn Sam Dan
What trim is required upon attaining the rank of brown belt?	Brown trim (mandatory)
How many boards must the student be able to break with a kick?	At least one board, with jumping action
To attain the brown belt, what type of sparring is required?	One on one

#### Hyung (Forms)

How many moves are there in Pyung Ahn Sam Dan?	25
How does Pyung Ahn translate into English?	Calm / peace of mind
What physical techniques best embody the philosophy of TSD?	Hyung

#### Vital points (Kup So)

What are three vital points on the head and neck?	Temple; Bridge and base of nose
What are three vital points on the back of the body?	Base of skull Base of neck Back of knee

## Terminology & Techniques

How do you say “Knee” in Korean?	Moo Roope
How do you say “Foot” in Korean?	Bahl
How do you say “By the count” in Korean?	Ku Ryung E Mat Cho So
How do you say “Bow to grandmaster” in Korean?	Kwan Chang Nim E Kyung Yet
How do you say “Inside to outside crescent kick” in Korean?	Ahneso Pahkuro Cha Ki
How do you say “Front stretch kick” in Korean?	Bahl Poto Oly Ki
How do you say “Breaking” in Korean?	Kyuck Pa
How do you say “Knife hand” in Korean?	Soo Do
How do you say “Jump front kick” in Korean?	E Dan Ahp Cha Ki
How do you say “Waist” in Korean?	Hur Ri
How do you say “Stance” in Korean?	Jah Seh
Examiners at a testing session are called?	Shim Sa Kwan Nim
What does Cha Ryut mean?	Attention
What is the translation for Ku Ryung Up Shi?	Without the count
What is the translation for Dwi Ro Tora?	Turn to the rear
What is a Dee?	A belt

## Courtesy and Protocol (Rules)

If a student is going to be late, what is the courteous thing to do?	Text, call, or email the instructor in advance
When called to attention, you should...	Not talk or make noise
How early should every student arrive at every class?	15 minutes – to stretch out
Discuss personal attributes that will enhance safety	Finger and toe nails must be trimmed and filed; no jewelry while training
What sparring gear should be worn during sparring?	All required gear
When starting class, how should the students line up?	According to rank and seniority

## Philosophy

How does the student improve?	Constant practice of Hyung Constant practice of basic actions Applying basic actions in sparring
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