



# Dragon's Den

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### Inside this issue:

This newsletter features adult and youth Black Belt camps, the World Championship, Hobby Day, a Blast from the Past article, instructor training history, and information about a new class starting in September!

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### Upcoming events:

Aug. 16—Gup Test & Graduation  
Sept. 17—Region 8 Dan Testing  
Sept. 24—Demo Team Car Wash & Bake Sale  
Oct. 18—Gup Test & Graduation  
Oct. 21-22—Region 8 Championship

## New Vaughn's Dojang Policy for Contracts Time away from the Dojang

By Master Vaughn

Vaughn's Dojang is a unique type of business in the way it makes a profit. Being in the service industry, we do not handle much merchandise, but instead depend on student enrollment to operate.

In the past, I have endeavored to work with students, and parents of students, to manage tuition payments for those who take trips for months at a time away from the Dojang. In the past, I have offered, as a *courtesy*, credit for classes missed during extended time away from the studio. I would give credit at the time of contract re-signing for time away from training. I am forced to amend this policy.

At first, it was just a few times a year that I would implement this courtesy, but it has recently reached the point where this practice has affected the financial stability of the school. The business end of our operation demands that we have enough accounts receivable each month to operate efficiently. We can no longer afford to suspend tuition payments on such a large scale.

In an effort to compensate for this change, I will be making some changes to the contracts used—changes which impact the nature of the contract after the completion of the student's first year. These contracts offer, with the client's approval, an automatic rollover of the contract without a re-sign-up fee.

The benefits for the client will be:

- Previously, there was a \$100 yearly re-sign-up fee. With the automatic rollover, this fee will be waived.

- During the first year, if a student wishes to terminate the contract before the end of that first year, there will be a 3-month fee. However, after the first year, to terminate the contract the student will merely be required to give written notice 1 month in advance.
- By implementing this method, it will eliminate the need to renew every year. Also, it will do away with the credit system used in the past.
- In the future, we will offer as a *courtesy* to put tuition payment on hold for no more than 1 month while students take an extended absence from training.

Our educational system offers strong character development—providing life lessons that can be beneficial to the student for the rest of his or her life, with the side benefit of a strong self-defense system. The professional approach our instructors employ is designed to bring out the best in each student. We have faith that you as students and parents appreciate what we offer with this program and will understand the need for this policy change.

## Adult Black Belt Camp 2016 – Elizabethtown College

By Don Otto, Cho Dan Bo

The term “weekend warriors” is something I’ve heard others use before. However, I’ve never been able to use it in any of my own personal experiential rhetoric. Well, I can today. I’d like to share my Tang Soo Do “weekend warrior” experiences with my fellow Tang Soo Do warriors.

On Friday, June 17th, Mr. Forte and I embarked together to adult Black Belt camp at Elizabethtown College. This was my first Black Belt camp. Anticipation, excitement, and uncertainty were all feelings present during the weeks leading up to this weekend retreat. I had received many good pointers and encouragement from my fellow veteran Vaughn’s Dojang family about what to expect. After the weekend concluded, I found that my experiences exceeded expectations and provided me with a recharge to continue my own Tang Soo Do teaching and training.

The first evening included greetings, orientation, and lectures. It was fantastic to see Black Belts and Cho Dan Bos from all over Region 8 in a packed auditorium. It reminded me of the Region 8 tournaments in the Poconos, but in a more collegial and non-competitive setting. The lectures gave me great reflections on what it is to be part of the World Tang So Do family.

Angel Celona shared some words of wisdom and personal experiences on class motivation. Her story was moving and convinced me that teaching is an important part at this level of our training. After the evening lectures, all of the Vaughn’s Dojang family proceeded off-campus to continue the comradery with festivities at Pizzatown. I knew from prior conversations that the weekend training would push me physically and mentally. Enjoying this night’s event gave me the extra mental energy and motivation to make it through the next day.

The morning started off pretty easy. We had roll call and proceeded to break out for warm-ups. I decided to walk the track to loosen up my muscles and enjoy the sounds and morning air before breakfast. These activities are not usually part of my morning habits at home. It was something I really enjoyed. I should probably work on adding this to my daily life practices moving forward.

For my first morning break out session, I decided to participate in the Hapkido group lesson with Master Patrick Preece. I was interested to see what

differences I might see between Hapkido training in our dojang and Master Preece’s. He moved very quickly through the different techniques. Most of his techniques had similar hand grabs, but many of the follow-through moves were different than what I’ve experienced, yet effective. My partner and I appeared to be at the same skill level. We worked together to execute the new techniques. We did our best. However, keeping pace with Master Preece was challenging. His energy level was contagious and kept us interested in developing our Hapkido battling techniques.

Basic conditioning and group hyungs were the most physically enduring activities of the day. Occasionally, I like playing poker. Well, the card game we played during conditioning was a new challenge for any card game enthusiast. The principle was simple. You get to perform a certain number of burpies, push-ups, low blocks, and jumping jacks depending on the card value and the suit of the card drawn. It was no surprise that many face cards and aces were drawn to make for a very rigorous workout. By the time the last card was drawn, my stamina was almost depleted. My fellow warriors standing next to me were just as physically drained. We were in this battle together, though, and we would survive.

The group hyung that followed was a little challenging for me. I have not had as much practice with the Sip Soo hyung, but I would not let this inexperience stand in my way. I engaged in this form with my fellow Tang Soo Do warriors with a positive attitude while our Grandmaster beat the drum. This was an absolute treat! Grandmaster Beaudoin was giving us direction on several parts of the form.

The three breakout sessions after lunch continued pushing the physical barriers of my battle ability on the field. Two Cho Dan Bo sessions allowed me to practice my one-steps, bong hyung, and the Sip Soo form. Master Geiter’s session focused on kicking, targeting, and stretching. My take-away from this session was the ability to react using our kicking techniques from the ground. Many of our Tang Soo Do kicks work very well from this position. I had never really thought much about this possibility. This was another highly energetic and physically demanding hour on the battlefield.

Dinner, along with additional motivational lectures, concluded a day’s worth of physical and mental training. I

was exhausted. As I retreated to heal my wounds from the day, I found comfort from the pain reliever pills to combat the charley horses in my legs. Lying flat all night while I slept was another necessity.

Miraculously, the muscle fatigue was gone in the morning. Sunday started off similar to Saturday morning with roll call and warm ups before breakfast. For the last group break out, I decided to attend Master Adam White’s bong session. This session was another fun and memorable time for me. It was absolutely fascinating to watch Master White’s demonstrations of the use of this weapon in more ways than just our normal bong hyungs and twirls. It was difficult to keep pace with Master White’s expertise with this weapon. The bong flowed from one hand to the next spinning into downward strikes and forceful jabs. As a young study, it appeared that the bong was just another body appendage that provided a warrior with added advantages in battle. Again, I put my best effort forward to gain just a little bit of experience with these new techniques using this astounding weapon.

Group hyung in the gym was the final battle before Dan promotions. Grandmaster Beaudoin conducted the Bassai hyung with all of the Region 8 Black Belts and Cho Dan Bos. This was another enjoyable part of Black Belt camp for me. Our grandmaster paused many times throughout the form giving us specific points on how the form was supposed to be done. The reason for the strikes and how each part of the technique should be executed were very insightful in understanding movements within this form.

The Dan promotions of Lacey, Dale, and Matt Golden to Black Belt were my final Black Belt camp experience. It was awesome to see the Golden family achieve this honor. They’ve not only spent countless hours learning forms and one-steps in our dojang, but have offered themselves as teachers to others. The true spirit of Tang Soo Do shines through watching others achieve these goals.

Now that the battles of this weekend are over, I thank my friends and family at Vaughn’s for giving me this opportunity to share time and comradery with a great group of people for a weekend. I can imagine how the original Tang Soo Do warriors enjoyed their friendships and times together preparing for battles and helping each other along the way to learn and improve in the art of Tang Soo Do.

Tang Soo!



Vaughn's 2016 Adult Black Belt Camp Attendees

### 2016 Region 8 Youth Black Belt Camp

By Katie Price, E Dan

The rain did not dampen any spirits at this year's Region 8 Youth Black Belt Camp, held at Camp Saginaw in Oxford, PA. The camp started May 20th and ran through the 22nd with approximately three-hundred attendees. Even before the camp began, new changes were already starting to pop up. The first of which, being the location. As previous campers know, the prior location for the camp had been at Camp Green Lane. With five years of Black Belt Camp experience under my belt, I was already nervous with news of this change. This anxiety was immediately put away, however, as soon as I arrived at my cabin. With a plethora of helpful counselors and assistant-counselors, any and all students were immediately made to feel welcome at the camp.

Campers were kept busy at Black Belt Camp with loads of breakout sessions, recreational time, relay races, and team-building activities. One of my personal favorites, as always, was the breakout sessions. In this time, campers were able to explore and participate in unique types of training that often are not offered at the dojang. Examples of these sessions are flexible weapons training, glow-in-the-dark sword fighting, boxing, advanced breaking, and escrima sticks. Each session mixed in a perfect amount of fun with hard work, which kept campers enthusiastic throughout the weekend despite the unfavorable weather.

One of the best parts of camp, in my opinion, was the friends that you could meet from other dojangs. With the number of attendees that showed up this year, it was almost guaranteed that you would walk out of camp with at least one

new friend, if not more. There was a strong sense of unity and familiarity throughout the entire time spent at camp, and the anticipation for next year is already growing.



Newly promoted Black Belts at 2016 Youth Black Belt Camp

**World Tournament 2016**

By Tori Yetnick, E Dan

From the crowd to the competitors, the 2016 World Tournament was a truly remarkable event for everyone. Old and new competitors were able to reunite with old and new friends throughout the weekend's activities. The tournament began on Friday with the creativity team competition and Black Belt divisions, followed all day Saturday by the gup divisions.

Creativity teams from all over the world came to Greensboro, North Carolina to show their demo on Friday. Eleven total teams competed, each presenting themselves in the best way possible. However, the team from Fairbanks, Alaska was exceptional with their demo "Focus of Eyes." With no props or backgrounds, the Fairbanks team amazed everyone through the use of constant activity and gymnastics. This amazing demonstration was also very special because it was a tribute to Master Wick. The creativity team competition started off the tournament perfectly, leading to the excitement of the Black Belt competition.

Black Belt divisions began as soon as possible after the creativity competition. Black Belts from all over the world competed against each other in weapons,

forms, and sparring. Many people decided to stay after the creativity competition to watch the Black Belts, and everyone had fun watching. Rings could have had anywhere from eight to twenty-eight competitors, so competition was tough. No matter how tough, everyone seemed to have a great time competing that night. The Black Belt competition was a great way to start the tournament, and led to more fun the next day.

Saturday was a long, busy day for everyone at the tournament, beginning with opening ceremonies. The day started by announcing all of the countries and regions represented at the tournament. After that were three amazing demos from the masters, the Hwarang Dan League, and the first place creativity competition winners. Masters from all over the world came together to perform a demo showcasing all of their amazing skills they have developed in Tang Soo Do. At the end of the demonstration the audience applauded as a way of thanking the Masters for their many years of training. The Hwarang Dan League, or HDL, also performed to showcase the new Dragon Demo Team. The Dragons

showed off their techniques in forms and gymnastics, astounding everyone. The demonstrations from Saturday morning made way for an amazing rest of the competition.

Saturday's gup competition was full of energy and excitement. Every ring was busy with divisions packed full of competitors. Many studios and family members cheered on their students and had fun watching all ranks compete. Even though all of the competitors did not place in their divisions, everyone did seem to have a good time cheering on others and making new friends from the other studios and countries. It was a great way to end the tournament, with the WTSDA family all together supporting and motivating each other. The 2016 WTSDA World Tournament was a great experience for everyone involved, from the competitors to the masters to the parents and families, and will hopefully become even better next time in 2018.



**Combined Cho Dan Bo and Black Belt Class**

By Master Altieri

Recently, Master Vaughn approved the suggestion of conducting a combined Cho Dan Bo and Black Belt class on the last Saturday of each month. The purpose of this class is to provide holistic training for our 3rd Gups and above.

This two-hour class will involve all aspects of our Tang Soo Do training,

including basic drill, jump kicks, forms, weapons, sparring, self-defense, breaking, etc. Also, there will be an educational topic discussed at each of these classes, including proper protocol, leadership, TSD terminology, etc. Some of the educational topics will be presented by the students.

This class will be fun, focused on refining your techniques, fast paced, and working on self-improvement.

Remember, these classes will be conducted on the last Saturday of the month unless there is an announcement changing the class.

**Demo Team Update**

By Jenifer Mudd, Sam Dan

This spring, the youth creativity demo team was very pleased to welcome 15 new members to its ranks. Led this year by captain Tori Yetnick (E Dan) and lieutenant captain Matt Golden (Cho Dan), the team has started preparing for the

demo competition at the Region 8 Championship to be held on October 21 and 22 at Split Rock Resort in the Poconos. Please mark your calendars for the team's annual car wash and bake sale fundraiser to be held in the fall this year,

on Saturday, September 24th. The team always appreciates the studio's support for this event, which allows the members to raise the money needed for costumes, props, and scenery.



**Testing Your Knowledge**

By Scott Thompson, Sam Dan



1. The Korean term for Grandmaster is...
  - a. Sah Bum Nim
  - b. Ko Dan Ja
  - c. Kwan Chang Nim
  - d. Kyo Sa Nim
2. Which is one of the five codes of Tang Soo Do?
  - a. No retreat in battle
  - b. Integrity
  - c. Self-control
  - d. Indomitable spirit
3. In the World Tang Soo Do Association Symbol, the flying side kick represents...
  - a. Opposing forces
  - b. Unity and brotherhood
  - c. Good technique
  - d. The whole person concept
4. The dynasty that united Korea's three kingdoms was the...
  - a. Koryo
  - b. Silla
  - c. Koguryo
  - d. Paekche
5. The name of the warlord who overthrew the Silla Dynasty was...
  - a. Won Kwang
  - b. Hwang Kee
  - c. Wang Kun
  - d. Hang Jin
6. In Korean, Yodol refers to the number...
  - a. 8
  - b. 5
  - c. 9
  - d. 7
7. The first complete martial arts book was written in...
  - a. 16 A.D.
  - b. 16 B.C.
  - c. 650 A.D.
  - d. 1790 A.D.
8. The monk who originated the Five Codes of Tang Soo Do was...
  - a. Wang Kun
  - b. Won Kwang
  - c. Hwang Kee
  - d. Unknown monk
9. The dates of the World Tang Soo Do Charter Convention were...
  - a. November 13-14, 1983
  - b. July 18-19, 1986
  - c. November 13-14, 1982
  - d. June 14-15, 1968
10. The formal name of Tang Soo Do is...
  - a. Soo Bahk Ki
  - b. Soo Bahk Do
  - c. Moo Duk Kwan
  - d. Tae Kwon Do

Answers: 1. c 2. a 3. d 4. b 5. c 6. a 7. d 8. b 9. c 10. a

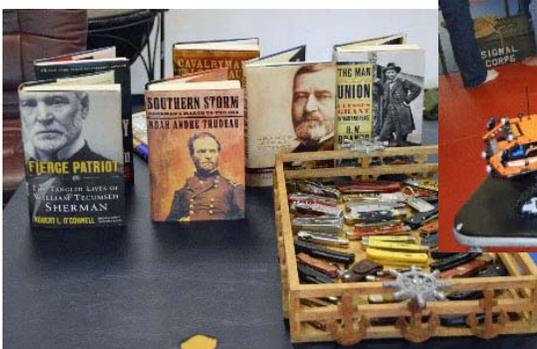
### Vaughn's First Hobby Day By Wayne Rosenkrans, Sah Dan

On Saturday, May 14th, a large group of Vaughn's students enjoyed each other's company and an exchange of favorite occupations outside the studio. Young and old, parents and kids, instructors and students all brought their hobbies to share with one another in what will now become an annual event. We learned about rock collections, diecast car

collections, coin and stamp collections, Lego builds, flying model airplanes, Civil War generals, and Soldier Pigeons of WWII. We heard performances on violin, flute and guitar as well as vocal, poetry, and dance performance. Many spent the time to meticulously label their collections and talk to people admiring their work. The food tables were full of good things to

eat provided by studio members to set the mood for the day.

Congratulations and thank you to everybody who brought something to share, and start thinking about what YOU might bring next year for the 2nd Annual Vaughn's Hobby Day!



# There's A New Class In Town



By Stephen Pulley, E Dan

Starting Monday, September 12th, there will be a new class starting at the Dojang. Approved by Master Vaughn, it is called the "X" class and will be held every Monday from 8:15 - 9:30 PM. The purpose of the class is to Xcite, Xcel, Xpand, Xplore, and Xercise our skills and spirits. The goal is to maintain excitement about being a martial artist while introducing complimentary skills and concepts. The hope is that we can

develop future concept experts for our Dojang and region. This is not an extreme class. So, if you are rehabbing from an injury, you can still stay engaged while you heal. Run by Dr. and Mr. Pulley, the subject will change each week with a schedule posted in the studio. As this is an advanced class, participants should be at least red belt and 13 years old. We will be working with a variety of weapons and fighting techniques, along

with general fitness and mindset concepts. Topics will repeat so that the instructors and participants will practice the skills, and new participants can join in. We will be drawing from what we have learned from the regional masters while developing new concepts. There is no additional charge for the class. The first class will be advanced bong while the second is knife defense. Keep an eye out in the studio for the schedule. Tang Soo!

## A Blast from the Past

*The following article originally appeared in the Summer 1995 Dragon's Den newsletter. Note Master Lipstein's rank!*

### A Special Day

#### Region 8 Black Belt Testing

By Sandy Lipstein, Cho Dan Bo

Saturday, April 22, 1995 was a very special day for Vaughn's Dojang. We were honored to be the hosts for the Region 8 Black Belt test. Our special day was made even more so by being able to use the new gym at the Phoenixville Y as the "testing grounds."

Although the test did not officially start until 9:00, the day began bright and early at 7:30 for the members of our dojang. The gym needed to be set up with the Association's partitions, tables and chairs needed to be provided for the judges, and the portable stands needed to be set in place for the many spectators anticipated. A great team effort resulted in everything being ready by 8:30.

At 9:00 sharp, the candidates for promotion began their written tests. They had one hour to complete the test. Candidates for Cho Dan had a 100-

question multiple choice test which tested thoroughly the student's knowledge of the Association's Student Manual. Candidates for advanced degrees received a more difficult test.

At 10:00, the candidates were divided into six groups, and the real fun began. What followed was two hours of non-stop activity, during which each student was tested on basic techniques, forms, one-steps, self-defense, knife defense, weapons, sparring, breakfalls, and breaking. This was definitely not a test for the faint of heart.

I was honored to be one of three members of our dojang taking a test that day. As I was going through the test, I thought often that I had to do more than everyone else. Not only did I have to show the judges I was a worthy candidate, I also had to show everyone

that Vaughn's Dojang was a premiere school. I know that Mr. Eric Unger and Mr. Adam White share my feelings about having had an opportunity to represent our dojang on our home turf. Each of us trained hard, knowing we were in for a demanding experience, and each of us felt a sense of both exhilaration and relief when the day was over.

I had been told much about what to expect that day. Yet, no one can convey the feeling of taking the Black Belt test in a way that compares to the actual test itself. Those who have gone ahead of me understand this sentiment. For those looking forward to their day to shine, I can only say stick with it, and your reward will be a sense of accomplishment to rival anything else you do in your lifetime. Tang Soo!



**Where Are Our Black Belts Now?**  
**Annual Cpl. Bryon Dickson Memorial Run**  
 By Matthew Summers, E Dan

Currently, I am a student at East Stroudsburg University in East Stroudsburg, PA. This fall, I will be starting my junior year and organizing the second annual Cpl. Bryon Dickson Memorial Run along with my fellow members in the Event Management Organization at East Stroudsburg University. The race and organization all began in the fall of 2014. In fact, the Event Management Organization originated because in the fall of 2014 two PA State Troopers were shot at the Blooming Grove State Police barracks. One of the officers was Cpl. Bryon Dickson who was killed and the other was Trooper Alex Douglass, who was severely wounded. The shooting took place about 15 miles from my college campus and for weeks paralyzed the campus and much of the surrounding community. When it was all over, many students felt like we needed to do something to support the troopers and their families in this time of tragedy. The race would not have gone as well as it did last year if it weren't for the help from the PA State Troopers and the East Stroudsburg

community.

As the president of the Event Management Organization, I attribute the leadership, organizational skills and the ability to work with others to my years of training in Tang Soo Do. It was the perseverance that got me to Black Belt that helped me overcome many of the challenges our group faced in setting up the race. Last year we were able to register about 40 runners and raise approximately \$1,100 for the memorial fund. All of the money raised was donated to the fund. This year's race will be on September 10th, 2016. If anyone is interested in coming to East Stroudsburg and running or is just interested in supporting the cause, please contact me at [msummers@live.esu.edu](mailto:msummers@live.esu.edu) or visit our website at <http://cpldicksonmemorial.wix.com/mainpage>. This year, we are hoping to double the number of racers and raise as much money as possible for this worthy cause.

### Instructor Training History

By Rick Braun, E Dan

Do you know how long the instructors at Vaughn's Dojang have been training? The 14 dedicated instructors listed in the table below have a combined 256 years of training in World Tang Soo Do! Many, as you can see, also have years of training in one or more additional martial arts.

| Name                  | Rank            | Degree/<br>Dan | Year<br>Started<br>WTSDA<br>Training | Total Years<br>of Training<br>with<br>WTSDA | Other Martial Art Style(s)   | Years of<br>Training in<br>Other<br>Martial Art<br>Style(s) |
|-----------------------|-----------------|----------------|--------------------------------------|---|--|---|
| Master Vaughn         | Chil Dan Master | 7th            | 1970                                 | 46  | Sin Moo Hapkido - 7th Dan<br>Ki Gong<br>TaeKwonDo<br>Hung Kuen Kung Fu | 30<br>26<br>2<br>1  |
| Master Frank Altieri  | Sah Dan Master  | 4th            | 1991                                 | 25  | Sin Moo Hapkido - 3rd Dan<br>Ki Gong                                   | 8<br>14   |
| Master Sandy Lipstein | Sah Dan Master  | 4th            | 1991                                 | 25  | Sin Moo Hapkido - 5th Dan<br>Ki Gong                                   | 9<br>15   |
| Dr. Wayne Rosenkrans  | Sah Dan         | 4th            | 1992                                 | 24  | Sin Moo Hapkido - 2nd Dan  | 8   |
| Dr. David Painter     | Sah Dan         | 4th            | 1994                                 | 22  | Sin Moo Hapkido - 2nd Dan  | 8   |
| Mrs. Kristen Winsko   | Sam Dan         | 3rd            | 1998                                 | 18  | Sin Moo Hapkido - 2nd Dan  | 8   |
| Mr. Scott Summers     | Sam Dan         | 3rd            | 1999                                 | 17  |  |   |
| Mr. Rick Mentley      | Sam Dan         | 3rd            | 2000                                 | 16  | Sin Moo Hapkido - 1st Dan  | 3   |
| Mrs. Lisa Mentley     | Sam Dan         | 3rd            | 2000                                 | 16  |  |   |
| Dr. Scott Thompson    | Sam Dan         | 3rd            | 2004                                 | 12  | Sin Moo Hapkido - 3rd Dan  | 8   |
| Mrs. Jenifer Mudd     | Sam Dan         | 3rd            | 2005                                 | 11  | Sin Moo Hapkido  | 2   |
| Mr. Mark Buckwalter   | E Dan           | 2nd            | 2004                                 | 12  | Sin Moo Hapkido  | 4   |
| Mr. Rick Braun        | E Dan           | 2nd            | 2007                                 | 8   | Sin Moo Hapkido  | 5   |
| Mrs. Lacey Golden     | Cho Dan         | 1st            | 2012                                 | 4   | Sin Moo Hapkido - 1st Dan  | 3   |

# Congratulations!

To the following Spirit Belt recipient:

Audubon Dojang    Kushad Manikandan

To the following new and recently promoted Black Belts:

**Cho Dan**

Mr. Dale Golden  
Mrs. Lacey Golden  
Mr. Matthew Golden  
Mr. Jason Hu  
Mr. Michael Hutchinson  
Mr. Aakash Koduru  
Miss Teresa Otto  
Mr. Zachary Paat  
Mr. Sury Yadav  
Mr. Tyler Yang

**E Dan**

Miss Victoria Yetnick



And to:

Region 8 Youth Black Belt Camp  
2016 Camper of the Year—  
Katie Price





# JUST FOR KICKS

Don't let your kicks hang out too long  
or you might be *left hanging!*

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Tell us what you think!



newsletter@vaughnsdojang.com

Please give us feedback on any of the following. Send an article to liven up the material! We appreciate your input!

- Send an article or pictures
- Suggestions for newsletter content or layout
- Comments on specific articles
- Comments on specific events
- Any future events you would like to see?
- Any events that were disappointing? Why?

**KARATE BIRTHDAY PARTY!**

BRING YOUR OWN CAKE BEVERAGES & PAPER PRODUCTS!

COME JOIN THE FUN WITH TWO HOURS OF KARATE GAMES!

RESERVE YOUR TIME TODAY! AVAILABLE TIMES ARE LIMITED!

INCLUDES:

- \* PIZZA FOR THE CHILDREN
- \* KARATE ACTIVITIES WITH A CERTIFIED BLACK BELT INSTRUCTOR
- \* SAFETY TIPS FOR KIDS

\$175 FOR UP TO 20 KIDS. \$50 FOR THE NEXT 20 KIDS.

\* BIRTHDAY CAKE NOT INCLUDED.

VALLEY FORGE MARTIAL ARTS  
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### Want Ads!!!

Cho Dan Bos! You should be assigned to a committee or a Black Belt for assistant teaching. Please contact Mr. Altieri if you are not already assigned.