

WORLD TANG SOO DO ASSOCIATION

VAUGHN'S DOJANG

8th GUP STUDY GUIDE

Historical View of Tang Soo Do

How far back can the origin of Tang Soo Do be traced? About 2000 years
Which dynasty united the three existing kingdoms in 668 AD? Silla Dynasty

The Flags

What do the three solid lines on the Korean flag represent? Heaven
What do the unbroken and broken lines in the lower left-hand corner on the Korean flag represent? Fire

Hyung (Forms)

What is the first World Tang Soo Do form? Sae Kye Hyung Il Bu
In which direction is the first low block in Sae Kye Hyung Il Bu? To the left
What kick do you do in Sae Kye Hyung Il Bu? Front kick
When delivering a front kick, what part of the foot is used? Ball of foot
When delivering a side kick, what part of the foot is used? Heel of foot
In the final center punch of Sae Kye Hyung Il Bu, in which direction are you facing? To the right
What is the stance at the very beginning of the Sae Kye Hyung? Ready stance

Terminology & Techniques

How do you say "Uniform" in Korean? Do Bohk
How do you say "Thank you" in Korean? Ko Map Sum Ni Da
How do you say "Low block" in Korean? Ha Dan Mahk Ki
How do you say "High block" in Korean? Sang Dan Mahk Ki
How do you say "Front kick" in Korean? Ahp Cha Ki
How do you say "Side kick" in Korean? Yup Cha Ki
How do you say "Round house kick" in Korean? Tollyo Cha Ki
How do you say "Fighter stance" in Korean? Hu Kul Ja Seh
What is a Dojang? Training hall
What does Cha Ryut mean? Attention
What does Ko Map Sum Ni Da mean? Thank you for the lesson
What does Gup mean? Colored belt
What is a Ki Hap? A loud yell
What is a Dee? A belt

Courtesy and Protocol (Rules)

Why do you bow to your instructor?	To show respect and humility
When entering <i>or leaving</i> the class, you should always...	Bow and salute the flags
When called to attention, you should...	Not talk or make noise
How early should every student arrive at every class?	15 minutes – to stretch out
What is the second promotion up from white belt?	Full orange belt
How many tenets are there in Tang Soo Do?	Seven
Who should help clean the Dojang?	Every student