

WORLD TANG SOO DO ASSOCIATION

VAUGHN'S DOJANG

6th GUP STUDY GUIDE

Historical view of Tang Soo Do

In Tang Soo Do, what does "Soo" mean?
About how old is the ancestral art of Tang Soo Do?

Hand
2,000 years

The Flags – Hyup Hoi Ki – the WTSD Association flag

What does the red circle represent?

Unity and brotherhood

Region #8 of the World Tang Soo Do Association (WTSDA)

What states make up Region #8?

Delaware, Maryland, New York,
New Jersey, Pennsylvania

Hyung (Forms)

What is the third World Tang Soo Do form?
In Sae Kye Hyung Sam Bu, in which direction do you turn your head before you execute Ahneso Phaku Ro Mahk Ki?
What kick do you do in Sae Kye Hyung Sam Bu?
What part of your foot do you use to deliver a high-level round house kick?
When delivering a side kick, what part of the foot is used?
What is the stance at the very beginning of every Sae Kye Hyung?
How many moves are there in each of the Sae Kye Hyung?
How many moves are there in Pyung Ahn Cho Dan?

Sae Kye Hyung Sam Bu
To the left
Round house kick
Top or ball of foot
Heel of foot
Ready stance
Twenty
Twenty-two

Terminology & Techniques

How do you say "Low block" in Korean?
How do you say "High block" in Korean?
How do you say "Front kick" in Korean?
How do you say "Side kick" in Korean?
How do you say "Round house kick" in Korean?
How do you say "Spinning back kick" in Korean?
How do you say "Fighter stance" in Korean?
How do you say "Horse riding stance" in Korean?
How do you say "Stance" in Korean?
What is a Dojang?

Ha Dan Mahk Ki
Sang Dan Mahk Ki
Ahp Cha Ki
Yup Cha Ki
Tollyo Cha Ki
Dwi Tollyo Cha Ki
Hu Kul Ja Seh
Kee Ma Ja Seh
Jah Seh
Training hall

What does Cha Ryut mean?
What does Ko Map Sum Ni Da mean?
What is the translation for Sang Dan?
What is the translation for Ha Dan?
What is a Dee?
What is the purpose of a Ki Hap?

Attention
Thank you for the lesson
High part
Low part
A belt
To focus power & energy

Courtesy and Protocol (Rules)

If a student is going to be late, what is the courteous thing to do?
When called to attention, you should...
How early should every student arrive at every class?
How many attitude requirements are there in Tang Soo Do?
What is the best way to keep the Dojang clean?

Discuss personal attributes that will enhance safety

What sparring gear should be worn during sparring?
During meditation, the hands should be placed on the knees;
what is the correct placement of the feet?
What should the student say after receiving each lesson?

Call the instructor in advance
Not talk or make noise
15 minutes – to stretch out
Fourteen
Look for something to pick up or
clean up without being asked
Finger and toe nails must be
trimmed and filed; no jewelry while
training
All required gear
Under the thighs
Ko Map Sum Ni Da